## A Colon Health Screening Can SAVE YOUR LIFE

## If you're age 50 or older, it's time to be screened.

- Every year around 3,000 Washington residents are diagnosed with colorectal cancer.
- Colorectal cancer starts with a growth, also called a polyp, that is not cancer.
- Colon health screening can find and remove growths before they develop into cancer.
- Find out if you have family history of colorectal cancer. If so, you may need screening before age 50.
- Talk with your health care provider about screening. Together you can decide what's right for you.
- Tell those you care about to get screened.

For more information visit www.doh.wa.gov/ccc or call 1-800-4-CANCER







## Dear Colleague,

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If you have questions, contact:
Office of Health Promotion
P.O. Box 47833 Olympia, WA 98504-7833
(360) 236-3736

Sincerely, Health Education Resource Exchange Web Team

## PRINTING SPECIFICATIONS

Title: Colon Health Screening Can Save Your Life (poster)

**Size:** 11 x 17

**Paper stock:** 100# gloss coated text, white

**Ink color:** 4-color process

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